



GOVERNMENT MEDICAL COLLEGE

SURAT



Dean Dr. Jayesh M Brahmbhatt

Medical Superintendent Dr. Ganesh Govekar



Dr. J. M. Brahmbhatt M.S. (Gen. Surgery), M.Ch. (Plastic Surgery). Government Medical College, Surat

Welcome to Government Medical College, Surat and to one of the best college of South Gujarat. Our mission is high quality education, research and service! Our mission as an institution is to teach with creativity and dedication, to heal with quality and compassion, and to inspire discovery and innovation with integrity and resolve! We have outstanding and dedicated faculty in the College. Our ideals, partnerships and unique opportunities enable each of us to live up to the mission. We look forward to supporting the personal and professional growth of our graduate and post-graduate students, faculty members as well as our medical fraternity.

Dear Students, I am sure you all have many great and exciting years ahead of you! Everyone has a talent and so do you. Let it shine out...that's all you have to do...! Enjoy this time—it is fun! Be courteous and supportive to one another, to your patients and to yourselves. We hope you enjoy your journey as you prepare for your future medical career. I wish you all the best for brilliant future!

Dear Faculty, under your guidance you nurture this young talent, the future medical professionals. Your support and counsel can lift them to great heights. And we grow along with their growth. Let us all together provide this young energy an encouraging environment and a caring culture!

About Us

Government Medical College, Surat was established in the year 1964 with the primary objective of imparting medical education and for extending tertiary level care for the patients of South Gujarat and surrounding regions. Government Medical College is affiliated to Veer Narmad South Gujarat University. The campus sprawling over an area of 130 acres, now houses the main buildings of Medical College, New Civil Hospital, hostel for students and residential quarters for different categories of staff. At present the college admits 250 students for M.B.B.S. degree course every year. College is running PG courses in 22 Broad speciality subjects. Total 177 seats of Post-graduate courses seats are offered in the subjects.

Well experienced & learned faculties cater to the academic needs of UG & PG students of our institute, which is considered best across state of Gujarat. They are supported by efficient administrative and support staff to carry out academic and research activities in the best conducive environment. Institute has well equipped and furnished laboratories & demonstration rooms. Institute has all necessary infrastructure facility with best of the equipments and manpower.

New Civil Hospital, Surat was established before five decades in the year of 1964 with the facility of 300 beds for indoor patients with the primary objective of imparting medical education and for extending tertiary level health care for the patients of South Gujarat and surrounding regions. It was the part of the Government Medical College, Surat which was established in the same year. Gradually, over fifty years, it has grown to the present size and dimensions with teaching-bed capacity of 1150 beds with other 110 beds like beds for ICUs and Special rooms; over and above these.

It caters to the needs of nearly 4000 patients on outdoor basis and on an average 150 to 200 patients are admitted as indoor patients. There are spacious, well ventilated and furnished general wards and special A.C. rooms. Outdoor patient department is well equipped with computerized Registration counters with token system, with separate windows for senior citizens and disabled, stretcher & wheel-chair bay, drinking water & sanitation facilities and broad-speciality and super-speciality consultation services. Hospital has its own round the clock Ambulance services with well-equipped ultramodern Ambulance vehicles and 'ICU on Wheels'. To provide latest Healthcare, Medical Education and Research, Hospital is equipped with most sophisticated,

ultramodern and state of the art equipment, instruments & diagnostic services. There are NABL accredited laboratory services for Pathology, Biochemistry and Microbiology and NABH accredited Blood bank in Immuno-histology and Blood Transfusion department. Hospital has its own Nursing college and Physiotherapy College. The ART center of this hospital is awarded the Best ART center in the state serving maximum number of patients with its allied PNC Clinic and STI Clinic.

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<u>"Potential is not an endpoint but a capacity to grow and learn."</u> Eileen Kennedy-Moore

American Psychologist

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Co – Curricular Activities



"Education is not preparation for life, Education is life itself."

John Dewey

▶ PG orientation Program on 02/05/2019.



Guidance seminar for Undergraduate (MBBS) Admission was organized for students and parents.





Critical care training of one day for medical officers on leptospirosis for two batches on 12, 13 June Organized by Department of Medicine & Anesthesia.





3 days PG RNTCP sensitization programe done for 1st year PG students of all dept. of GMC Surat on 20/6/19, 21/6/19 and 22/6/19 by faculties of Respiratory department of GMC Surat Dr. Greenish Tamakuwala, Dr. Bhumika Patel, Dr. Harini Patel, Dr. Arvind Daxini (Guest Speaker) & Dr. Parul Vadgama.



Medical & Paramedical guidance seminar for choice filling at GMC,Surat. Students and parents attend the seminar in huge number. Admission help centre GMC, Surat attend all questions by parents & Students and try to solve asked all questions.



Web Based- Interactive Guest Lecture at Government Medical College, Surat in collaboration with Institute of Medical Science, BHU, Varanasi, on 3rd July, 6-00 PM."Asking Answerable Questions is Key toAddressing Research and Patient Care Needs"Dr.Ambuj Kumar, MD, MPHAssociate Professor, Director,Research Methodology and Biostatistics Core,Department of Internal Medicine, Morsani College of Medicine, USF Health









A two day workshop was organised for Training of Teachers for the members of SRC and Ethics Committee on 15-16th July 2019, at GMCS, emphasising on how to write an effective dissertation protocol. Its Hands-on exercises were well received. These trainers will further train their own department staff and resident doctors, churning better Research Proposals.



A two day workshop was organised for Training of PG Guides on 18-19th July 2019, at GMCS, emphasising on how to write an effective dissertation protocol. Its Hands-on exercises were well received. These PG Guides will further train their own department staff and resident doctors, churning better Research Proposals.









A two day workshop was organised for PG Guides on 29-30 th July 2019, at GMCS, emphasising on how to write an effective dissertation protocol. Its Hands-on exercises were well received. These trainers will further train their own department staff and resident doctors, churning better Research Proposals.



Extra Curricular Activity



"A Student is almost always motivated to practice, if he leaves his lessons feeling Capable."

Frances Clark

> World No Tobacco Day 31st May, 2019

Most interesting was Prakashbhai, Anilbhai and Mishraji, our attendant staff, talking to visitors in Gujarati, Hindi and Marathi explaining about the tobacco and its health outcomes. Involvement of the whole hospital and college staff in this crusade against Tobacco was away forward.Dean Dr. Brahmbhatt also visited Psychiatry OPD 13 where along with District Tobacco cell, Surat IEC and Tobacco counseling services were arranged. 25 patients were given one to one counseling and management in the morning session.





E-Tablets & Tricycle Distribution program 3rdJune, 2019

On 3rd June 2019, our 3 term MP from Navsari Shri C R Patil distributed NAMO Tablets of ACER One 7 4G E Tab to 180 medical students and 50 nursing students along with dignitaries Shri Paresh Patel, vice president of Chamber of Commerce, Surat; Dr. Mahendra Chauhan, Senate member VNSGU; Dr. Kashyap Kharachiya, Syndicate member VNSGU. He and all other dignitaries distributed the Tablets as well as hearing aids and tricycle to the disabled.



▶ International YOGA DAY Celebration 21st June, 2019



NO DRUG DAY Celebration 26th June, 2019 The theme of 'HEALTH FOR JUSTICE and JUSTICE FOR HEALTH'! It was observed by Drug Treatment Center of Psychiatry Department, GMC, Surat with support of Sarvajanik Lokhat Trust NGO - TI, GSACS as well as Government Physiotherapy College and Government Nursing College. Program started by flagging off a Rally - Walk, Jog, Run which was participated by more than 200 students.



Felicitation Corner





The Govt. Medical College, Surat expresses its indebtedness for your Noble, Selfless and dedicated Services! We are Grateful not only for your un-tiring efforts, inputs and and exemplary & sincere hardwork for the Growth & Progress of the Institution but, also for sharing your Knowledge, Experience and Wisdom with staff and students for the service of Humanity!

Now as the day dawns on the next chapter in your Life, May God's Blessing be upon you as you follow in his way and may you find Joy & Peace as He Inspires you Everyday.

Congratulations on your Retirement ! Vell Done, Thou Good and Faithful Servant...

October 2019

Government Medical College Surat



A Token of Gratitude

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August 2019

FACULTY CORNER



GOND ART

BYDR. ANJALI MODI (DEPARTMENT: COMMUNITY MEDICINE) &HER SON RAGHAV

Dr. Sunaina Patel, from Anesthesia Department. GMC, Surat run in 24 Hour Marathon and Run for 12 Hour Non Stop and got 3rd with distance 77.19 KM.



HimalayanSAR PASS trekking 2019 byDr. Rahul Modi, Assistant professor, Dept: Pathology In the guidance of ex Indian army-men.It is considered as great introduction to high altitude trekking.It was awesome experience in thick forests, Alpine Meadows, Himalayan villages, white mountains of Himalaya.These places can only be explored through adventurous trekking/Hiking.



Bhramtal Trek- Himalaya Trek, 12,200 ft Height. 24 Km. Lowest Temp at -8 degree. ByDr piyush Tailor-Associate Professor, Biochemistry. Dr Nikunj Patel - Assistant Professor, Biochemistry. Dr Nisha Barot- Associate Professor, Plastic Surgery



Dr.Ashvin Vasava is working as Associate Professor of Medicine at Govt.Medical Collegeand New Civil Hospital Surat. He has been awarded the degree of Ph.D. on "Study of Sickle Cell Disease complications" at VNSGU in July 2019 under the guidance of Dr.K.N.Bhatt.
He was felicitated for his achievement by Hon.CM &Dy.CM on 9th August at Dahod on theoccasion of celebration of world indigenous day.Sickle cell disease is a multi system disease affecting mainly tribal communities in India. InIndia, Sickle cell disease is largely undocumented. This study was a humble effort to studythe features of Indian sicklers.His research on Sickle cell disease will enable us to understand complication rates, hospitalization rates, haematological and radiological findings in Sickle cell disease. It alsowill help us to learn characteristics of disease & amp; treatment modalities in Sickle cell disease.Details presented in his study on various renal, hepatic, orthopaedic, lung and pregnancyrelated complications and possible scenarios with SCD patients will help medical, paramedical, counsellors and advocacy groups to manage their patients.





STUDENT CORNER

DR. KHUSHBU SHAH SENIOR RESIDENT PATHOLOGY DEPARTMENT

પીપળા એ આજે છાયો પાથરવાની ના પાડી દીધી! માનવજાતના જુલમો સાખવાની ના પાડી દીધી!

છાયડા નું મૂલ્ય કહે છે એ ચા પાણી ની રીત, અકળાયો છે આજે એ તૂટતી જોઈને પ્રીત

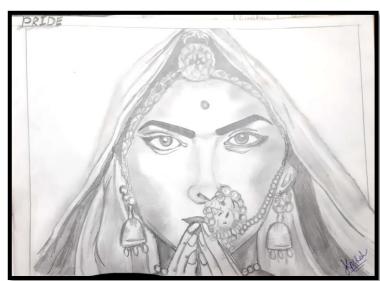
અડગ ઊભા રહી મૌન રાખવાની ના પાડી દીધી! કેરી આપી પથ્થર ચાખવાની ના પાડી દીધી!

તડકો તપે ને આજે ભડકે બળે છે છાયડા ની શીત, જીતે કપટ યુપ્પી સામેં? આ તે શી છે તે રીત!

ખિસકોલીને હવે મફત ખાખરાની ના પાડી દીધી ! વડવાઈઓનુ વળતર ચાબખાથી?- ના પાડી દીધી!

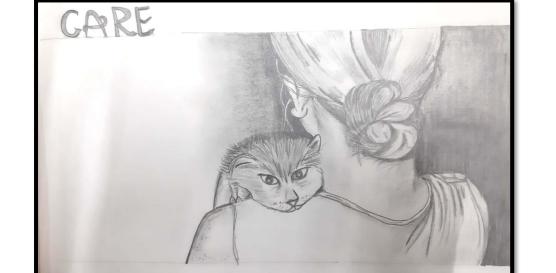
રુવે કહીને હતો હું જગ આખાનો મીત, કરગરે કહી ભલાઇ સામે સ્વાર્થતાની જીત!

ફળ આવે તેમ નીચે ઝૂકવાની હવે ના પાડી દીધી! પીપળા એ હવે પીપળો બની જીવવાની ના પાડી દીધી!



-"મિસરી" ડો. ખુશ્બુશાહ

22



-"મિસરી" ડો.ખુશ્બુશાહ

ગગન ચૂંબી હવે એ નામની છોળો ઉડે પછી હોવું ગમે તેટલા વિષાદ ના તળિથે હું,

માં મહીથી માર્ગ મુજને કેવો રૂપાળો મળે!

માં શબ્દ આજે એવો ઊઠે છે ભીતર મહીથી.

હું આપી ન શકું કઈ એ અમૂલ્ય રતન ને કંઇ, અને બદલામાં મને વહાલની મહોરો મળે!

લડી ઝઘડી ને ખુદરોવે એ રાત ભર, એનો વુધ્ધ ચહેરો અને વિશ્વાસ પણ ભોળો મળે

એક જ એવું સ્થાન છે જગ મહીંઓ દોસ્તો, પ્રતિકાર આપતા પણ પ્રતિસાદ બહોળો મળે!

દોડી દોડી ને થાકી જતી આ જિંદગીને, દૂંફનો શ્વાસ ભરવા જેવો એક ખોળો મળે

"માં"

SHAYARIS BY TANVI SHEIKH 1st YEAR RESIDENT DEPARTMENT OF PYSCHIATRY

परेशानी

किसी ने क्या खूब कहा हे जिन्दगी में परेशानिया हे. या परेशानियों में थोडी जिन्दगी ज़िन्दगी एक Rollercoaster हे क्युकी ज़िन्दगी ये Rollercoaster हे कभी सीधी होती हे कभी टेढ़ी होती हे कभी ऊपर जाती हे कभी निचे जाती हे टेढ़े रास्ते(जुगाड़) पर चलने वाले ऊंचाई को पा लेते है और सीधा रास्ता(सच्चाई) चुननेवाले को लोग गिरा देते हे काँटों की चादर बिछी है सीधे रास्ते पर और फूल ही फूल खिले है टेढ़े रास्ते पर आसान नहीं है यहाँ सीधे रास्ते पर चलना पर विश्वास हो खुद पर यहाँ तो फिर क्यों हे डरना

बस चलते जाना , चलते जाना और एक दिन मंज़िल को पा लेना ज़िन्दगी का हे यही फ़साना बस चलते जाना , चलते जाना

क्युकी ज़िन्दगी ये Rollercoaster हे क्युकी ज़िन्दगी ये Rollercoaster हे

दो पहलु

जैसे हर सिक्के के दो पहलु है, वैसे ही ज़िन्दगी के दो पहल् है

जैसे फेलियर के बिना सक्सेस की कदर नहीं हे और गरीबी के बिना अमीरी की कदर नहीं हे

जैसे गम के बिना खुसी की कदर नहीं हे और दुश्मनी के बिना दोस्ती की कदर नहीं हे

जैसे तन्हाई के बिना किसी क साथ की कदर नहीं और नफरत के बिना मोहब्बत की कदर नहीं हे

जैसे बुढ़ापे के बिना जवानी की कदर नहीं और बीमारी के बिना सेहत की कदर नहीं

ये ज़िन्दगी के दो पहलु है ये ज़िन्दगी के दो पहलु है ये ज़िन्दगी के दो पहलु है

HOLD ON

HOLD ON to those MOMENTS ,which cherish you like a child HOLD ON to those MEMORIES ,which blossom you like a flower HOLD ON to those SWEET TALKS, which reminds you of your inner child HOLD ON to those BEAUTIFUL NIGHT, which reminds you of your special one

Just HOLD ON for a moments And live those moments, which makes you happy forever

लम्हे

ज़िन्दगी के कुछ लम्हे यादें बन जाते हे कभी आँखों में नमी तो कभी होठों पे खुसी लाते हे

इन लम्हों को ऐसे ही जिए जा ऐ मेरे दोस्त जो कभी हसते हे तो कभी रुलाते हे.. ज़िन्दगी के कुछ लम्हे यादें बन जाते हे

ख्वाब

यु तो हम भी प्यार किये जा रहे थे पर वो ख्वाब था, वो ख्वाब था जिसे हम जिए जा रहे थे

DEVASHISH PALKAR, 2 ND YEAR RESIDENT, DEPARTMENT OF PSYCHIATRY.

READING BETWEEN THE LINES.

"Ages passed in turning pages... A few willingly, a few unwillingly.

But as I moved from one alphabet to another, New words sprouted in front of my eyes, Enchanted me with theireloquent rhymes, Engulfed me deep into their meanings.

But some were raucous, Some vacuous, Some inscrutable; Some jumbled up like half baked facts, Some naked as truths, And blatant as lies.

Some were capricious and chameleonic, Though they rhymed the same, Changed their colours when put differently, Some appeared simple and short, And they were deeper than I thought.

And I realized people were words too!

And as I moved from one chapter to another, Leaving back the old characters, A few more words and a few more phrases came and passed me by, Each left their indelible mark, An imprint or a scar, And I again wondered what they meant, Until I realized that the story never ends, It only takes a new beginning.

Words come and go, Alphabets stay loyal, Creating a beautiful interplay as they collide and dance to form metaphors on my page. And as I kept turning and returning to the pages- same old and new, I learnt not just to read what was written, But even learnt to read between the lines. "

INDIA- & BLOSSOMING BUD

This is the story of the great nation! Situated between the Himalayas and great blue ocean!!

History dubbed it- 'the golden bird'! Present calls it- 'the blossoming bud'!!

Once upon a time- 'a heavenly land'! A land where evil was banned!!

And today as the evil rises uninhibited, Its time for us to realize that- to this land we are greatly indebted!! For this is our home that we have inhabited!

A place where the real wealth used to be education! Troubled today by the fights for college admission! Soiled by the omnipresent system of 'reservation'!!

An administration without any notion! A state of total commotion!!

Yes, this is the story of a nation! Smothered by the epidemic of corruption!!

And as the rupee falls and dollar rises; We are trapped in the identity crises!!

The power- crazy bureaucracy! And the rape of democracy!

The brimming river and the evergreen forest! We callously reduced it all to waste!!

How shamelessly we plundered her glories and treasure! Only for our greed and malicious pleasure!!

But now its time to rise for the new generation! And surge a wave of revolution!

Its time to take a big stride, To restore and salvage the lost pride!!

As the new India learns to fly, Like a young bird in an already crowded sky!

Its time to learn from our past losses, As India undergoes a metamorphoses!!

Its time for redemption! Its time for resurrection!! Its time to pick up the broom And clear this mess and gloom! Yes! Its our time to bloom!! And put an end to the days of doom!!

This is the story of a 'rejuvenated nation', Ready to storm the world with her knowledge and imagination!!

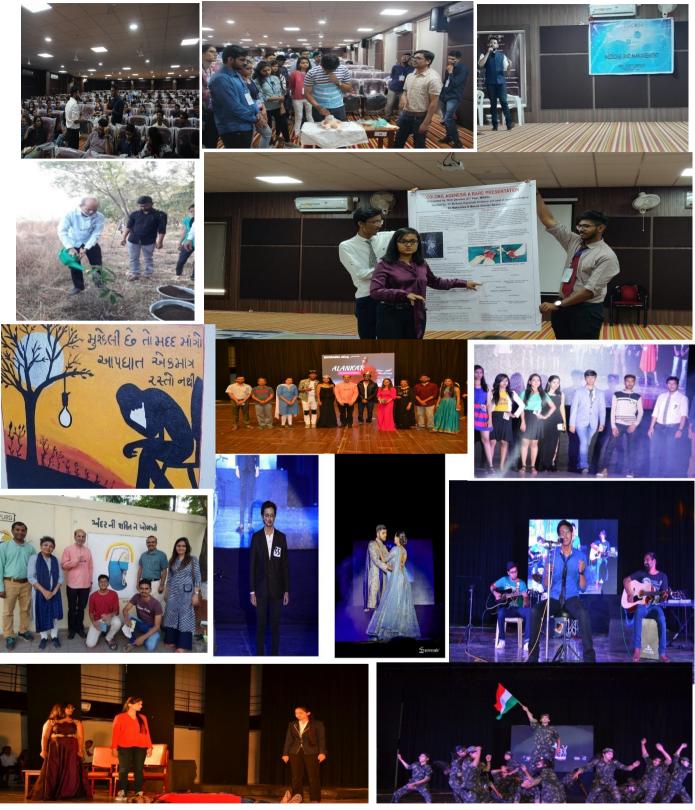
INDEPENDENCE DAY POEM

"Through songs of glory And chattering hymns, Through uproars And shrieks, Through ghastly silence Through raucous war cries.. Through tyrannical invaders And punchdrunk rulers.. Through powercrazy democracy And the blind judiciary.. I sometimes wonder how my country has survived..

Perhaps, Irrigated by the holy waters of the rivers galore, And resurrected by holier blood of patriotic valour.. A crazy zeal to protect the tricolour.. Of some unfathomable sacrifices done without a favour..

Yes, somehow we have survived. We have fought back the evil only to see the birth of a new evil. But as the evil continues to threaten and smother us in the midnight hour, A revolution is brewing somewhere, And a new India is taking its first little baby steps.. I am sure it will rise up and start to walk on its own, Run, jump and learn to dream of flying high one day using the wings of fire and courage.. The golden bird is long buried, The blossoming bud is all that is left of us.. The dark clouds of gloom Will pass And a resplendent morning awaits our sun kissed shores."

EUCRASIA 2019



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