# Respiratory Infections & Bronchopneumonia

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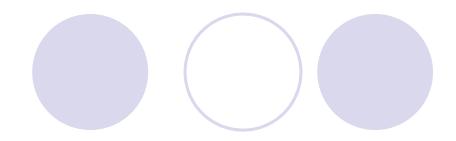
## Respiratory tract defences

- Ventilatory flow
- Cough
- Mucociliary clearance mechanisms
- Mucosal immune system

### Upper respiratory tract infections

- Rhinitis
  - Rhinovirus
  - Influenza
  - Parainfluenza
  - Non-infective (allergic) rhinitis
- Sinusitis
- Phayringitis
- Epiglittitis
- Otitis media

# Laryngitis



- Most commonly upper respiratory viruses
- Diphtheria
  - C. Diphtheriae
  - Produces a cytotoxic exotoxin
  - Causing tissue necrosis
  - Membrane cause narrow airway

## BRONCHOPNEUMONIA

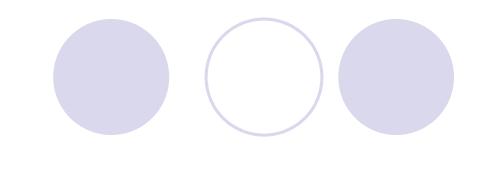
- 1. Community- Acquired pneumonia
- 2. Hospital Acquired pneumonia (Nosocomial)
- 3. Aspiration pneumonia
- 4. Pneumonia in immuno-compromised patient.

#### Pneumonia

- Infection of pulmonary parenchyma
- Patchy or Lobular
- Exudative consolidation
- Terminal bronchiolitis
- Consolidation of Peribronchial Alveoli.
- Severity of illness = Depend on bacteria

#### Etiology:

- Bacterial
- Viral
- Fungal
- Protozoal
- Parasitic





Mycobacterial infection	M. tuberculosis
Bacterial infection	Streptococcus pneumoniae, Staphylococcus aureus, Klebsiella pneumoniae, Pseudomonas aeruginosa
Viral Infection	Haemphilus influenzae
Fungal Infection	Pneumocystis carinii Candida albican Histoplasmosis
Parasite infection	Strongyloides stercoralis
Protozoal infection	Toxoplasmosis

- Bronchopneumonia may occur as a complication of some disease.
  - Diphtheria
  - Measles
  - Whooping Cough
  - Influenza
  - Typhoid & Paratyphoid fever

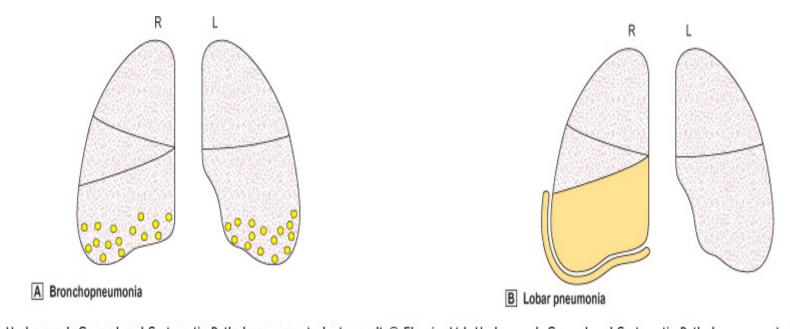
#### Predisposing factors:

- Unable to clear their lungs
  - Old age
  - Physical weakness
  - Pulmonary fibrosis.
- Retention of secretions
  - Most commonly involves the lower lobes.
- Cilia not functioning
  - Hereditary dyskinesis Kartagener Syndrome
  - Cigarette smoking
  - Gas exposure.
- Alveolar macrophages inability
  - Alcohol ,Tobacco
- Bacteria grow within secretions collected in chest.
  - Chronic bronchitis
  - Cystic fibrosis
  - Malignant tumour.

#### Clinical manifestation:

- High Grade Fever with chills
- Cough with Purulent sputum.
- Blood-streaked mucus
- Chest pain
- Chest congestion
- Breathlessness

## Pathological description of pneumonia



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#### Pathogenesis:

- Initial terminal bronchiolitis
- Patchy consolidation of Peribronchial tissue.
- Bronchioles are plugged by the swollen mucosa and their secretion.
- Air cannot enter the alveoli.
- Imprisoned air in the alveoli is absorbed
- Causing collapse of the alveoli.
- Surrounded areas of compensatory emphysema.
- Congestion, Collapse and Emphysema
- Resolution of the exudate usually restores normal lung structure.
- May result in fibrous scarring in some cases.
- Aggressive disease may produce abscesses.

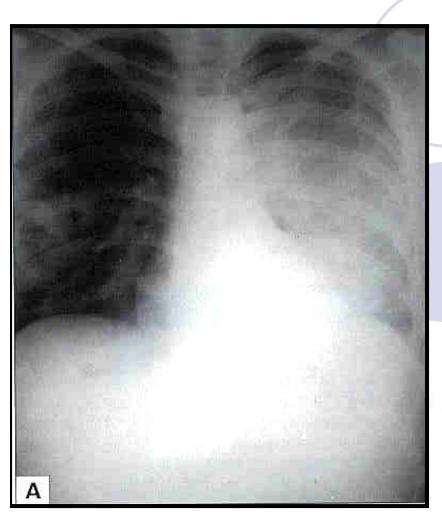
#### Complications:

- 1. Pulmonary fibrosis
- 2. Bronchiectasis
- 3. Lung abscess
- 4. Empyema
- Bacteraemia with abscess in other organs

#### Diagnosis

- Medical history and physical examination
- Complete Blood Count
- Chest X-ray
- Sputum for culture & sensitivity
- CT scan
- Pleural fluid culture

## Pneumonic Patch In X-Ray





#### **Treatment**

- Antibiotics.
  - Tetracyclines
  - Fluoroquinolones = Levofloxacine, Gatifloxacin, Ciprofloxacin, Ofloxacin
  - Ocephalosporins = Cefriaxone, Cefixime, Cefoperazone
  - Vancomycin
  - Macrolides = Azithromycin, Erythromycin, Clarithromycin
  - Penicillins
- Additional pharmaceutical intervention
  - Antitussive
  - Expectorant
  - Cough suppressants
  - Pain relievers
  - Fever reducers, such as Acetaminophen or Paracetamol
  - In severe cases, oxygen therapy and artificial ventilation may be required.

#### ANTITUSSIVE = CODEINE

- = Decreases sensitivity of center for cough
- = Supressing of irritating non-productive cough
- = Potentiation of suppressive effect of other CNS drugs
- With opioid analgetics deepening depression of CNS and breathing center

#### Other Anti-tissive

**Etylmorphine** = derivate of morphine similar to codeine, **Dextromethorphan** 

#### **EXPECTORANTS**

Mucolytics and secretolytics - lower viscosity of mucus

#### **BROMHEXINE**

- Reduces its viscosity
- Promotes secretion of mucus
- Improves cilliar function

AMBROXOL N-ACETYLCYSTEINE

