Protein & Amino Acid Metabolism AND The Urea Cycle

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Three sources of amino acids

- Synthesis of Non-essential amino acid from metabolic intermediate.
- Breakdown of proteins.
- Amino acids derived from dietary protein.



Amino acid is depleted by three routes

- Synthesis of body protein
- Amino acids consumed as precursors of essential nitrogen-containing small molecules
- Conversion of amino acids to glucose, glycogen, fatty acids or CO2



Protein Degradation

- 1. Ubiquitin Proteasome Proteolytic enzyme
- 2. Chemical Signal for Protein Degradation

Ubiquitin - Proteasome Proteolytic enzyme

- first covalently attached to ubiquitin, a small
 globular protein.
- Through linkage of the Glycine of ubiquitin to a Lysine on protein substrate
- Proteins tagged with ubiquitin are targated by proteasome, which functions like a garbage disposal.
- The proteasome cuts the target protein into fragments that are then further degraded to amino acids, which enter the amino acid pool.
- The ubiquitins are recycled.

Chemical Signal for Protein Degradation

- Because proteins have different half-lives, it is clear that protein degradation cannot be random.
- But rather is influenced by some structural aspect of the protein.
- For example, some proteins that have been chemically altered by oxidation or tagged with ubiquitin are preferentially degraded.
- The half-life of a protein is influenced by the nature of the N-terminal residue.





Ammonotelic animals: most aquatic vertebrates, such as bony fishes and the larvae of amphibia

Ureotelic animals: many terrestrial vertebrates; also sharks



Protein Digestion

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Monogastric Protein Digestion

- Whole proteins are not absorbed
 - Too large to pass through cell membranes intact
- Digestive enzymes
 - Break peptide bonds
- Secreted as inactive pre-enzymes

 H_3N^+

Η

- Prevents self-digestion





Monogastric Protein Digestion

- Initiated in stomach -HCl from parietal cells • Stomach pH 1.6 to 3.2 • Denatures 4°, 3°, and 2° structures -Pepsinogen from chief cells HC1 Pepsinogen -Pepsin Cleaves at phenylalanine, tyrosine, tryptophan Aromatic amino acids Protein leaves stomach as mix of insoluble protein,
 - soluble protein, peptides and amino acids

Protein Digestion - Small Intestine

- Pancreatic enzymes secreted
 - Trypsinogen
 - Chymotrypsinogen
 - Procarboxypeptidase
 - Proelastase
 - Collagenase





Digestion - Small Intestine

- · Zymogens must be converted to active form
 - Trypsinogen Enteropeptidase/Trypsin Trypsin
 - Endopeptidase
 - Cleaves on carbonyl side of Lys & Arg
 - Chymotrypsinogen Trypsin Chymotrypsin
 - Endopeptidase
 - Cleaves carboxy terminal Phe, Tyr and Trp

Carboxypeptidase

- Procarboxypeptidase Trypsin
 - Exopeptidase
 - Removes carboxy terminal residues

Protein Digestion

- Small intestine (brush border)
 - Aminopeptidases
 - Cleave at N-terminal AA
 - Dipeptidases
 - Cleave dipeptides
 - Tripeptidase
 - Cleave tripeptides
 - (Enterokinase or Enteropeptidase)
 - Trypsinogen \rightarrow trypsin
 - Trypsin then activates all the other enzymes



Protein Digestion

- Proteins are broken down to
 - Tripeptides
 - Dipeptides
 - Free amino acids

Free Amino Acid Absorption

- Free amino acids
 - Carrier systems
 - Neutral AA
 - Basic AA
 - Acidic AA
 - Imino acids
 - Entrance of some AA is via active
- Requires energy



Amino Acid Transporters -Brush Border Membrane

Transport system	Energy required	Substrates carried
L B IMINO y ⁺ B ^{o,+} b ^{o,+}	No Yes Yes No Yes No	Leu, other neutral Phe, Tyr, Trp, Ile, Leu, Val Pro, Gly Basic amino acids Most neutral and basic Most neutral and basic
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Peptide Absorption

- Form in which the majority of protein is absorbed
- More rapid than absorption of free amino acids
- Active transport
 - Energy required
- Metabolized into free amino acids in enterocyte

Only free amino acids



Basolateral Membrane



Absorption of Intact Proteins

- In Newborns
 - First 24 hours after birth
 - Immunoglobulins get absorbed
 - Passive immunity
- In Adults
 - By Paracellular routes
 - Tight junctions between cells
 - By Intracellular routes
 - Endocytosis
 - Pinocytosis

It has little nutritional significance... Affects health (allergies and passive immunity)

Protein Transport in the Blood

- Amino acids diffuse across the basolateral membrane
 - Enterocytes \rightarrow portal blood \rightarrow liver \rightarrow tissues
 - Transported mostly as free amino acids
- Liver
 - Breakdown of amino acids
 - Synthesis of non-essential amino acids





- Breakdown of Amino acid.
- Prodcuce CO2 and NH3
- NH3 need to be detoxify
 - Peripheral detoxification
 - Peripheral to liver transport
 - In Liver detoxification

Peripheral detoxification

- First step is the removal of the $\alpha\text{-amino}$ group
 - by enzymes <u>Amino-transferases or</u> <u>Transaminases.</u>



Alanine Amino-transferase Alanine Transaminase (ALT) Glutamate Pyruvate Transaminase (GPT)



Alanine Alpha Ketoglutarate

Pyruvate

Glutamate

Aspartate Amino-transferase Aspartate Transaminase (AST) Glutamate Oxaloacetate Transaminase (GOT)



Transamination Reaction

- The amino group is transferred to α ketoglutarate to make glutamate.
- Formation of Non-essential amino acid
- Formation substrate of Gluconeogenesis
- Detoxification of amide group





Glutamine transports NH₃ the bloodstream

- Glutamate accepts the NH_3 by the action of Glutamine Synthetase.
- Glutamine transport to ammonia from periphery to liver

Urea

- If Ammonia is not used for production of new amino acids or other nitrogenous compounds, amino groups are transferred to the liver and converted to urea.
- Urea is produced in the cytosol via the urea cycle.
- Almost all urea is produced in the liver.
- Than Urea excreted in the urine.




The Urea Cycle

- The first two steps = mitochondrion.
- Remaining three = cytosol.

















The enzymes catalyzing the urea cycle reactions

- 1. Ornithine transcarbamoylase
- 2. Argininosuccinate synthetase
- 3. Argininosuccinase
- 4. Arginase

The Urea Cycle and TCA Cycle are interconnected

- Cytosolic Isozymes of
 - Fumarase
 - Malate dehydrogenase.
- Malate enter in Mitochondria
- Than enter into the TCA cycle.



Regulation of the Urea Cycle

- Within an individual the movement of nitrogen through the cycle depends on diet.
- Changes in diet will only affect urea cycle activity over the long term.



Regulation of the Urea Cy

- Short term
 - Carbamoyl Phosphate Synthetase.
 - Allosteric regulation
 - N-acetylglutamate activates CPS-1
 - Arginine activates N-acetylglutamate synthase,



Energetic cost of The Urea Cy

- $2NH_4^+ + HCO_3^- + 3ATP + H_2O \rightarrow$ urea + $2ADP + 4P_i + AMP + 2H^+$
- However, through linkage of the pathways the toll is not so bad. Some NADH is produced which regains about 2.5 ATP form respiration.



Hereditary deficiency of any of the Urea Cycle enzymes leads to hyperammonemia - elevated [ammonia] in blood.

Total lack of any Urea Cycle enzyme is lethal.

Elevated ammonia is toxic, especially to the brain.

If not treated immediately after birth, severe mental retardation results.





Mechanisms for toxicity of high Ammonia

1. High [NH₃] would drive Glutamine Synthase: glutamate + ATP + NH₃ \rightarrow glutamine + ADP + P_i

This would deplete glutamate – a neurotransmitter & precursor for synthesis of the neurotransmitter GABA.

Depletion of glutamate & high ammonia level would drive Glutamate Dehydrogenase reaction to reverse:
glutamate + NAD(P)⁺ ← α-ketoglutarate + NAD(P)H + NH₄⁺

The resulting depletion of α -ketoglutarate, an essential Krebs Cycle intermediate, could impair energy metabolism in the brain.

Mechanisms for toxicity of high Ammonia

3. Due to high ammonia, conc. of Glutamine remains high in brain cell.

Glutamine is co-transported outside from brain cell with tryptophan influx.

So, More Tryptophan get accumulated in brain cell if more glutamine goes out.

From accumulated Tryptophan, Serotonine synthesis & that have depressive effect on neurons.

Treatment of deficiency of Urea Cycle enzymes (depends on which enzyme is deficient):

- limiting protein intake to the amount barely adequate to supply amino acids for growth, while adding to the diet the α-keto acid analogs of essential amino acids.
- Liver transplantation has also been used, since liver is the organ that carries out Urea Cycle.

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One-carbon Transfer Reactions

- Cofactors for one-carbon transfer reactions in amino acid degradation.
- Tetrahydrofolate (H₄ folate) Transfers carbon in intermediate oxidation states, sometimes methyl.
- S-adenosylmethione (SAM or adoMet) -Transfers carbon as methyl groups.

