



Government Medical College, Surat

The Kindle

Bulletin :5



Dean: Dr. J. M. Brahmbhatt
Medical Supt.: Dr. Ganesh Govekar



Dr. J. M. Brahmbhatt
M.S. Surgery, M.Ch. (Plastic Surgery)
Government Medical College, Surat.

Welcome to Government Medical College, Surat and to one of the best University of Gujarat. Our mission is high quality education, research and service! Our mission as an institution is to teach with creativity and dedication, to heal with quality and compassion, and to inspire discovery and innovation with integrity and resolve! We have outstanding and dedicated faculty in the College. Our ideals, partnerships, and unique opportunities enable each of us to live up to the mission. We look forward to supporting the personal and professional growth of our graduate & post-graduate students, faculty members as well as our medical fraternity. I am sure, you have many great and exciting years ahead of you! Everyone has a talent and so do you. Let it shine out...that's all you have to do...!

Enjoy this time—it is fun! Be courteous & supportive to one another, to your patients & to yourselves. We hope you enjoy your journey as you prepare for your future medical career. I wish you all the best for brilliant future!

About Us

Govt. Medical College, Surat was established in the year 1964 with the primary objective of imparting medical education and for extending tertiary level care for the patients of South Gujarat and surrounding regions and Government Medical College is affiliated by Veer Narmad South Gujarat University. The campus sprawling over an area of approx. 130 acres now houses the main buildings of Medical College, New Civil Hospital, hostel for students and residential quarters for different categories of staff.

At present the college admits 250 students for M.B.B.S. degree course every year. 178 seats of Post-graduate degree - diploma courses are also offered in most of the subjects. New Civil Hospital, Surat was established before five decades in the year of 1964 with the facility of 300 beds for indoor patients with the primary objective of imparting medical education and for extending tertiary level health care for the patients of South Gujarat and surrounding regions. It was the part of the Govt. Medical College, Surat which was established in the same year. Gradually, over fifty years, it has grown to the present size and dimensions with bed capacity of 1230 beds.

It caters to the needs of nearly 4000 on and average patients on outdoor basis and on an average 150 to 175 patients are admitted as indoor patients. There are spacious, well ventilated and furnished general wards and special A.C. rooms, Outdoor patient department well equipped with Registration counter with computers, stretcher & wheel chair bay, drinking water & sanitation facilities and speciality and superspeciality consultation services. Hospital has its own round the clock Ambulance services with well equipped, ultramodern Ambulance vehicles and 'ICU on Wheels'. To provide latest health care, Medical education and research, Hospital is equipped with most sophisticated, ultramodern and state of the art-equipments and instruments & diagnostic services. There are NABL accredited laboratory services encompassing Pathology, Biochemistry and Microbiology and NABH accredited Blood bank in Immuno-histology and Blood Transfusion department.

Hospital has its own nursing college and Physiotherapy College. The ART center of this hospital is awarded the Best ART center in the state serving maximum number of patients with its allied PNC Clinic and STI Clinic.

Review Board

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ACHIEVEMENTS



Dr. Shivangi Gandhi, 2nd year resident, Department of Pathology, GMC, Surat received the Third prize in oral paper presentation at Adrenaline Medical Conference (AMCON 2018) held at Ahmedabad, Gujarat, 16-18 March 2018.



- **Dr. Pooja Shatadal 2nd year resident of Psychiatry Department won 2nd prize in 5 minute 5 slides presentation at 'Missing Links' CME of Psychiatry held at Mumbai on 11th August 2018.**



- **Dr. Shrungani from Ophthalmology Department, GMCS received Rs. 5000/- cash and 2nd prize at ACOIN Digha 2018, West Bengal.**



- **PG students of Pediatrics Department GMCS Dr.SantoshiandDr.Meenakshi won 2nd prize among 13 participating teams at state level IAP PG Quiz at Vadodara.**



- **Senior Resident of Radiology Department GMCS, Dr. Viral Panchalreceived 1st prize in NeuroradilogyNational CME at DELHI.**



**CURRICULAR
ACTIVITY:**

- On the occasion of World Health Day 2018 a Nationwide Quiz Competition was successfully organised by Community Medicine Department of Government Medical College Surat attended by more than 200 students and faculties. In the presence of Respected Dean, Dr JayeshBrahmbhatt, RDD Dr Kanchchal and Professor & Head Dr. JayeshKosambiya.



- A CME on Basic principles of Ilizarov was conducted at GMCS by Department of Orthopaedics. 41 delegates from GMC and SMIMER attended.



- Medical Education Unit, Govt. Medical College, SURAT successfully and effectively organised a three day Revised Basic Course Workshop in MET from 11-13 April 2018 under the guidance of MCI Nodal centre, Karamsad. Faculties including Professors, Associate professors and Assistant Professors participated in the workshop.



- **Basic Newborn Care and Resuscitation Program**
Date: 16th April 2018



- **Research Cell, GMC, Surat successfully conducted workshop on "How to write a Research Manuscript", on 17th April, 2018. Thanking all the participants for their enthusiasm. Thanks to our Dean sir for the support & guidance.**



- **GMCS: PG Orientation program for new PG entrants!**



- **Guest lecture on : “Early-stage Clinical Drug Development of a Novel Antimalarial Drug (SJ733): It Takes a Village” by dept of PSM ,GMC, Surat.**



- **Workshop on "Guide to Writing an Effective Dissertation Protocol" was organised by Scientific Review Committee, Government Medical College, Surat in three batches of newly enrolled Resident Doctors of 2018 during 10 to 17 July 2018. Total 152 resident doctors attended.**



- **Medical Education Unit of GMC,Surat organised sessions on the fifth day of Orientation program for new First M.B.B.S. students on topics Transition from school life to college,types of learners, Techniques to prepare for exams, Medical Professionalism and ethics, Importance of Communication skills and Internet skills for Literature Search in Medicine and various other topics as proposed by MCI.**



**EXTRACURRICULAR
ACTIVITY:**

- World oral health day was celebrated by the department of dentistry under the theme "say ahh". A rally for the awareness of dental diseases and oral health was organized with flag of march by medical superintendent Dr. Vadel sir & additional Dean Dr. Dharitrimadam at 8.30 a.m. A stall in the central registration area of nch for awareness of dental diseases and health and education to the patient's is inaugural by both the dignitaries.



- As a part of celebration of WORLD TB DAY... Sensitisation of UG students, batch no.93 regarding Tuberculosis were conducted.



- District TB society felicitation program for best performer in tb program. Program was attended by Surat collectorate Shri Mahendra Patel and other leaders of society. Medical college participation was appreciated for RNTCP by collector Shri and DDO shri. 23/3/2018. As a part of World TB day celebration.



- **National Tobacco Control Programme , Tobacco Sensitization Workshop by Dept of Psychiatry, GMC,Surat.**



- **GMCS-We all congratulate our own dear Dr Manish Sharma. He has voluntarily donated Stem Cells for a 2 year old child from Delhi suffering from SCID.**



- **Department of Pediatrics – Government Medical College, Surat & Surat Pediatric Association Charitable Trust-Celebrated International Kangaroo Mother Care Awareness day**



- **GMCS-World Environment Day Celebrations**



- **GMCS celebrated International YOGA Day , Dean, MS, GMCS Faculties , Nursing/ Physiotherapy principals, TNAI Presidents, INC Members,UG,PG Medical Students,Nursing/Physiotherapy Students,NursingStaff,Admin Staff & Class III-IV all are in IYD-2018 actively & enthusiastically.**



- **Welcome ceremony of the first batch of Bridge course students conducted at PSM GMC Surat in the presence of Dean Shri Dr JayeshBrahmbhatt, Dr Vikas Desai, Ex Professor, PSM GMCS & AD FW, GOG and MS, NCHS, CDHO Shri Surat Dist, RCHO-SMC, Professor Peadiatrics, OG, GMC surat**



- Independence Day Celebration at @government medical college, Surat.



- **GMCS-Orientation Program for New UG Entrants:**
Welcome & White Coat Ceremony to be followed by 5 Days Orientation Program for Freshers (UG) with Parents-Organised on 20/08/18 at GMC, Surat with presence of Faculties & Office bearers of various Medical Associations of City & Senior GMCS students!



- **GMCS- Teacher's Day Celebrations-2018.**



EUCRASIA 2018



FACULTY

CORNER

Faculty Name :BhumikaChaudhary
Designation : Assistant Professor
Department :Obstetrics&Gynaecology

Topic: Painting of Breast feeding on World Breast Feeding Week



World Breastfeeding Week **1-7**
AUGUST
2018



Breastfeeding is more than just feeding your baby. It's determination, love, & patience. Some days can be exhausting. Caring for a baby who seems to only want you for your breasts, but when baby stops nursing for that few seconds to look up at you & smile is when you realize that you aren't just feeding your baby. You're providing comfort, love, & a loving bond only you can give.

BABY FRIENDLY HOSPITAL INITIATIVE

① HOSPITAL POLICIES



- Not promoting infant formula bottles or teats
- Making breast-feeding Care standard Practices
- Keeping track of support for breast feeding

② STAFF COMPETENCY



- Training staff on supporting mothers to breast feed
- Assessing health worker's knowledge and skills

③ ANTENATAL CARE



- Discussing the importance of breast-feeding for babies & mothers
- Preparing women in how to feed their baby

④ CARE RIGHT AFTER BIRTH



- Encouraging skin to skin contact between mother & baby soon after birth
- Helping mother's to put their baby to the breast right away

⑤ SUPPORT MOTHERS WITH BREASTFEEDING



- checking positioning attachment & suckling
- Giving : Practical breast-feeding support
- Helping mothers with common breast-feeding problems

⑥ SUPPLEMENTING



- Giving only breastmilk unless there are medical reasons
- Prioritizing donor human milk when a supplement is needed
- Helping mothers who want to formula feed to do so safely

⑦ ROOMING - IN

Letting mothers & babies stay together day & night



Making sure that mothers of sick babies can stay near their baby



⑧ RESPONSIVE FEEDING



Helping mothers know when their baby is hungry

Not limiting breast feeding times

⑨ BOTTLES, TEATS AND PACIFIERS



Counsel Mothers on the use & risks of bottles, teats & pacifiers



⑩ DISCHARGE



Referring mothers to community resources for breast feeding support

Working with communities to improve breast-feeding support services

Breast feeding is women's right and responsibility

Immediate latch to the newborn.

Faculty Name: Dr Kedar Trivedi
Designation : Assistant Professor
Department : Obstetrics &Gynaecology

Poem for Late Shri Atal Bihari Bajpaiji

जूझने का मेरा इरादा ना था, मोड़ पर मिलने का वादा ना था।
रास्ता रोक कर खड़ी हो गई, यूँ लगा जिंदगी से बड़ी हो गई।

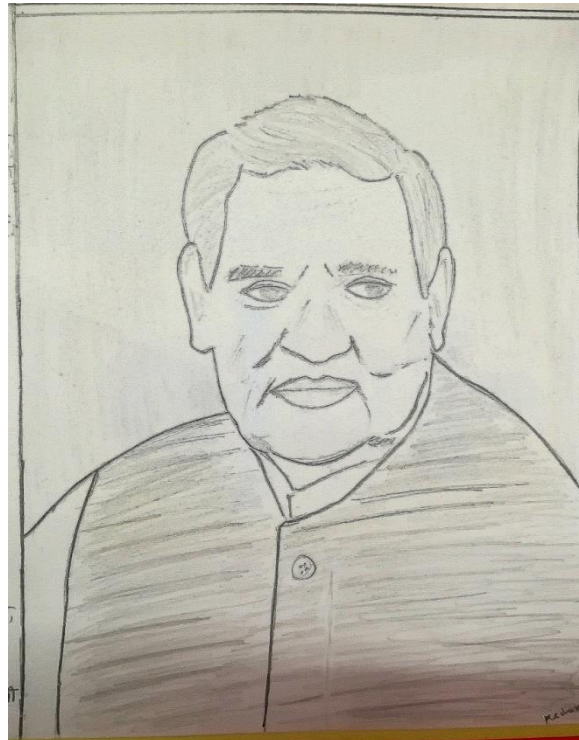
मौत की उमर क्या है, दो पल भी नहीं।
जिंदगी सिलसिला है, आज कल की नहीं।

मैं जी भर जिया,मैं मन से मरू।
लौट कर आऊंगा, कूच से क्यूँ डरू?

पार पाने का कायम मगर हौसला,
देख तेवर तूफान का तौरीयां तन गई।

मौत से ठन गई।

- अटल बिहारी वाजपेयी





RADHIKA ANAND UDANIA
(DAUGHTER OF DR. ALKA UDANIA
HOD ANATOMY DEPT)

1.

Poem: HATE

Hate, that's all you get from me,
Hate, that's all I have to give you,
Hate, that's all for your cup of tea!
You wanna know the reason for all this? I wonder if you already know why
everything dismissed?
As usual, you would act as if you were some holy soul, all clean, clear and
nothing impure,
But, you know what? Inside your holy soul, there lies some shit piece of black
coal, ruining everything once and for all. I never thought, I would write
something of this kind, bearing the aggression and pressure on my mind,
But still thanks to you and your deeds, for letting out my poetic beats.
I have seen those red eyes of mine, not knowing when the time stretched from
to six to nine,
Eyes full of depression and salty tears, Increasing and embracing all my fears
To others it looked, I was acting fake,
But maybe I knew this was not the piece of my cake.
Still I was trying; I knew I could do it, I had that capability already in my
genes.
Just needed to find out more ways & means,
But something kept driving me down, these few years,
Snatching my confidence, hardware, ability and mixing them all in rolling tears.
It was all the tortures, no appreciation and lack of motivation,
Ruining my life, my confidence & my passion.
I thought and still thing, I am near to my end
But no, there should me something to gear me up again.
I need to get up and rise up again, Show them who I really am and not just the
pain,
to prove them wrong, And build my future again.
I will get all the love, confidence
All by myself, the new embraced me would be somewhat at like an elf to the
world.
You just sit back and watch and let your ego choke, cause honey, I ain't favorite
coke!

2.

You are the sunlight to my day, You are the moon I see far away.

You have the way to my heart, using delicacies as a dart!

Have asked almighty for so many things, never knew I had got everything, it's you, yes you!

Thank you for giving this life, all afresh and so bright.

You have been my mom, more than my actual mom.

Just way to glad to have you, don't wanna ever lose you, stay with me forever, yes forever!

Love you nani, happiest birthday!

IMPORTANT LINKS:

- College website – www.gmcsurat.edu.in
- New Civil Hospital – www.nchsurat.org
- College on social media : FB - @governmentmedicalcollegesurat
Twitter - @gmcsurat
- VNSGU University - www.vnsgu.ac.in
- MCI - www.mciindia.org
- Health & Family Welfare Dept Govt. Of Gujarat – www.gujhealth.gujarat.gov.in
- Ministry Of Health & Family Welfare Central govt – www.mohfw.nic.in
- <https://antiragging.in> (How to fill An Online Anti Ragging Undertaking)
- www.amanmovement.org (How to fill An Online Anti Ragging Affidavit)

